

Some things to keep near and gear to
your heart

A dark blue, solid-colored shape that starts from the bottom left corner and extends diagonally upwards towards the right, covering the bottom half of the slide.

Your Basic Caving Needs

- Clothing
- LightSSSSS
- Helmet
- Water (Bobby say it please)

Clothing



- Should be quick dry and durable
- Gloves
- Must be washed and cleaned before entering
- Should cover all of legs and torso to reduce exposure of oils
- Knee Pads over pants to reduce wear

Lights



- Always keep 2 on your helmet
 - One main / One backup
- Always keep spare batteries and know where they are
- Higher powered headlamps require battery changes frequently
 - 18650's can last as short as 2.8 hours in zebra lights

Helmets



- Suspension based
 - Easy to clean
 - Can be uncomfortable
- Hybrid foam/suspension
 - Decently comfortable
 - More difficult to clean
- Foam
 - Comfortable
 - Wear easily so basically useless

Advanced Gear

- Vertical Equipment
- Bags
- Risk mitigation supplies

Vertical Gear

Should be set up as follows:

- Cows Cows Tails
- Can Chest Ascender
- Hardly Hand Ascender
- Read Rack (Or other descent device)



Bags



- Important factors when selecting a bag
 - Form
 - Sanitation requirements
- While there are good bags specifically designed for caving, bags in other markets can suffice
 - If you want to get a cave bag ask someone for advice

Risk mitigation

- Caving can expose you to hazards such as
 - Hypothermia
 - Overexertion
 - Falls



- Extra clothing or emergency blanket
- Extra water / electrolytes
- First aid equipment
 - Sam splints
 - Bandages

But what about that new
gear tho?

And the most important thing to bring:

A good attitude!

Cave softly ags :)



now presenting . . .
the aggie
grotto





some cool d&p pics from trips past



some cool d&p pics from trips past

really important reminders

in the aggie grotto, safety is always our number one priority (remember luke's slogan)

- ★ pack appropriate gear & stay on reflective paths
- ★ \$15 donation per person to TCMA means that D&P keeps running & we can go back

our officers are here to help you! this is most people's first vert cave, so we'll make sure you are safe. if we checked you off, know this means you got this :)



Cave Softly,



fineart
america

Cave Safely,

and Have Fun



